



Fostering personal growth through outdoor adventure and emotional intelligence

Organization Overview

Expeditions of Empowerment is a non-profit organization focused on helping youth strengthen their self-awareness and independent thinking, two social-emotional skills necessary to positively control their lives. Our outdoor adventure programs foster this growth by combining problem solving, self-reflection, and a sense of accomplishment to create meaningful and memorable learning experiences. These experiences, by design, are rich with opportunities to practice communication, collaboration, and conflict resolution skills in an environment where it is safe to pay attention to, and discuss one's thoughts, feelings, and actions.

Position Description

We are looking for adult female co-facilitators to join our team and collaborate in the planning and implementation of a year-long Female Empowerment Program. This program will incorporate multi-day outdoor adventures, day-trips, and small-group workshops to provide a continuum of services aimed at empowering future women leaders and developing a sustainable mentorship pathway within a local high school.

This position will provide experience with event planning, outdoor guiding, social-emotional skill development, youth mentoring, leadership, and wilderness first-aid. Co-facilitators are expected to directly contribute to the creation and facilitation of activities, assist with venue selection and setup, and to serve as mentors to program participants.

Role Mastery

Co-facilitator's having reached mastery of this position would describe their role as follows. I strive to make our organization's Youth Empowerment program the best in the business at fostering social-emotional growth through outdoor adventure by:

- Continually developing my social-emotional competencies and improving my self-awareness, self-management, and sense of purpose.
- Enhancing the performance of anyone who needs (whether they know it or not), requests, or expects my resourceful support.
- Being a role model of positive, supportive communication patterns and behaviors.
- Providing real-time monitoring and feedback on the decline of physical, environmental, or emotional safety factors.
- Eliminating the possibility of sexual misconduct or harassment claims by openly denouncing any sexually charged comments, and never being behind closed doors, or alone with program participants.
- Becoming a key source of information about what is going on, what should be going on, and what ought not to be going on within this organization.
- Achieving my goals and assignments with zero errors, and with increasingly less time and involvement from others.
- Making certain that all aspects of my goals and assignments are fulfilled, whether I am present or not.
- Adding measurably to the social-emotional growth of program participants.